**Motivational Interviewing In Supervision & Coaching**

**Lesson 5: Leading a Learning Group**

**Topic: Reflection on Leading a Learning Group**

For this week’s Send Me you will reflect on your personal experience in leading the learning group and then discuss the experience with your co-leaders.

Step One: Please take a look at the first set of questions below and write down your individual reflections.

Step Two: Complete the second set of questions with your co-leaders and write down what you heard the group say.

Step Three: Submit all reflections to the questions in the Send Me for week 5

and you have completed the course!!

Individual Reflections:

1. What are 3 things you did well while leading the learning group?
2. What are 3 things you learned about leading this group that surprised you?
3. If you had it to do over, what is one thing you would change in your leading of the group?
4. What is one thing you will focus on doing in your next learning group?

Co-Leaders Reflections:

1. What did you do that went well during the facilitation of the learning group?
2. What do you think the learners took away from the group? How do you know?
3. If you had it to do over, what might you do differently to prepare for the learning group?
4. What would you adjust or do differently if you were to co-lead another group together?